

• ***OPERATION INSTRUCTIONS FOR SUMO WRESTLING SUITS***

1. The units consisting of **Two Suits, Bladder, and Helmets** must be properly adorned by the attendants only. The blower will be run to fill suits bladder accordingly by attendants.

(They will question,tightness,and status of suit filling,to above player)

2. If the air pressure seems low, determine if air plugs are secured in bladder area.An occasional check will be done during matches for this condition,will help prevent problems.

3. **The Suits must and will be attended at all times when in use,a referee will be used.**

4. The attendants must assure that only two participants at a time are allowed on the mat, while suits are on.

5. The participants must be made aware that the 'Sumo Suits' is a physically challenging event and **should not** be attempted by anyone with health impairments such as Heart Disease, High Blood Pressure,Back, Neck, Any Upper Chest Area deforminties,or any other bone and or joint problems, pregnancy or other donations that might cause problems when physical challenged.

6. Spectators will be kept off and away from the Mat Area Used.

7. Participants must be made aware of the rules for use of this unit:

Shoes and any other items that may cause injury to themselves or others such as glasses,contacts, pocket items, jewelry and other items deemed by attendant must be removed.

Only two participants at a time are allowed.

Helmets are worn at all times.

Participants should understand that these suits have padding on chest area for the jolting ,bumping action to defeat the other player by trying to wrestle and going to the mat area. (You will fall to the ground).

Supervision is and will be required at all times while suits are in use.

8. If the unit begins to deflate discontinue use immediatley. On checking the air plugs and or any tears in the bladder unit. Only if unit reinfaltes continue usage.

9. If unit is set up outside and sudden severe weather occurs, remove the participants immediately and take indoors.